



I.I.S. NEWSLETTER

VOLUME 2 ISSUE 2

MARCH

DO ANY OF THESE WORDS SOUND FAMILIAR TO YOU??? & THE LIST GOES ON AND ON!!!!.....

• I DON'T WANT TO HEAR ABOUT IT!

• IS YOUR HOME-WORK DONE!

• HOW MANY TIMES HAVE I TOLD YOU NOT TO DO THAT!

• BECAUSE I SAID SO!

• WATCH IT!

•DON'T HIT YOUR BROTHER!

EDITOR'S LETTER

We are glad to announce the launching of the second issue of the I.I.S. Newsletter. I would like to take a minute to congratulate our beloved school, the I.I.S. Directors, Staff, and Parents on our schools receiving of the Accreditation of the Quality Assurance Report by C.I.T.A. Commission on International and Trans-Regional Accreditation. This is an important step in the development of our school. I hope our school keeps on going forward and being best of the best.

In our school newsletter we tackle all types of important issues such as good studying habits, healthy eating habits, tips for children, etc... Education is without a doubt crucial, this is why we need to take time and learn about all subjects such as Technology, History, Art, etc.. We need to appreciate all disciplines with open minds. Education is a necessity, not a luxury without education we don't stand a chance, it is our ammunition. If we abide to getting a good education. Then we have a

bigger chance in becoming more powerful, important, and respectable. Then we might receive the respect and recognition that we crave. But first we have to deserve it. We need to keep on trying to instill and strengthen the good sense of mind and respect in ourselves and in others. You can benefit from and get access to our newsletter via internet on our online service just go to www.iis.edu.jo.

Nada Qaraeen

WORD FROM OUR BELOVED B.O.D.

We had an accreditation visit by the Advanced Ed during the period of March 21-25 2010, and we have been granted with the accreditation that will enable us to teach the American programs in our school. Many

thanks to our Administrative team, teachers, students, and especially to the parents of the children that go to our school. We look forward to being the finest amongst other schools in the region.

AdvancED Vision

"dedicated to being the leader in advancing excellence in education worldwide so that every student is prepared for success in an ever-changing and diverse world."

FUN SCIENCE DAY



The I.I.S. was ecstatic to successfully celebrate its Fun Science Day which was held at the school premises on Sunday May 21, 2010. This activity was implemented with the correspondence of the young scientists at I.I.S. the earnest sponsor's of the community, dedicated science staff from grades 1-11 and with the support of administration students from grades 1-3 was able to operate this dynamic event in their classrooms with the assistance of

their teachers. During this fun time the students' creativity and enthusiasm were flamboyant. A variety of experiments and projects were occurring in the following four main labs: Science, Physics, Biology and Chemistry. Some examples of the fun science projects that were demonstrated in the labs are as follows: manufacturing perfumes and candles, experimenting with liquid nitrogen, the dissecting of a rabbit and a ham-

ster, checking blood type, pressure and body mass index, manufacturing of ice-cream, experimenting with plain mirrors, spectrums, magnetic fields, cathode ray tubes, and much more. Various sponsors such as: Philadelphia Solar Energy, Fun Science, Medica, Mr. Tummy (Multivitamins) and many others were delighted in sharing their entertaining and interesting products and knowledge with the I.I.S. students, Parents, and staff.

TEACHERS' TRAINING

I.I.S. has the resources and infrastructure as well as the facilities to serve our stakeholders (Students, Parents, Staff and Community) in becoming more engaged in the teaching learning process and to improve students' performances with integrated academic solutions. I.I.S. provides unlimited support for the professional development and numerous opportunities of the teaching staff to attain the highest level of pedagogical experience in order to execute the student's centered approach. Through professional de-

velopment and opportunities offered to our teaching staff such as the weekly training courses, teachers develop the finest practical instructional activities in accordance with the I.I.S. Vision and Mission I.I.S. has a distinguished and integrated system based on teamwork and is functionally high in providing meaningful learning. The following standards should be implemented in the teacher's training courses: Governance and Leadership, Teaching and Learning, Resources and Supporting System,

Documenting and using Results, and the commitment to Continuous Improvement providing outlines to professional development necessary to support and deliver a quality of educational experience for our students. Furthermore, our students are involved in the I.I.S. system and its strategies through their contribution in official meetings with PTA and Student Council. The infinite support of the BOD's to the staff is highly appreciated and is thus reflected through their creative and enthusiastic work.

ROBOTICS

The I.I.S. Robotics team participated in the Arab Championship Open that was held at the Dead Sea on Saturday and Sunday March 13-14, 2010 we are proud to say that our school came in 27th place amongst the 70 competing teams on the regional level.

OVERNIGHT CAMPING

The I.I.S. school organized a Girl Scout camping inside the school which was held on March 4-5, 2010 the camp comprised a variety of fun matches, scouting games and activities. The scouts slept overnight at school in the morning they went to have breakfast at a restaurant then they went horseback riding at Jalad, then last but not the least the scouts went to have lunch at a nice restaurant and finally, then they went back to school what an exciting day!

**CONGRATULATIONS for the ACCREDITATION
of the ADVANCED EDUCATION**



Tip #1: Focus on Home- work.



"You can help your children succeed in school by helping them follow these ten helpful tips".

HELPING YOUR CHILDREN in SCHOOL

Tip #1: Focus on Homework.

For each subject, whether your children have been given homework or not, make sure they re-view their notes. This will mean that when a big test or an end of unit test comes up, they will be prepared to study for it. Focusing on homework will also help your children be

ready for the next lesson, and ready to ask any questions that might have come up.

Tip #2: Keep your notes neat and clear.

While your children are applying Tip # 1, they can "kill two birds with one stone" by improving the quality of their notes. Make sure

your children's notes contain all the information they need to know. Have them highlight or underline the most important points. Notes full of crossed out words and messy ink patches need to be rewritten altogether.

Tip #3: Keep your schoolbag neat.

At least once a

amazed by what they might find! Often, some "lost" notes or homework will show up just in time. For this reason, it is best to have your children do this in the middle of the week, Wednesday night is best. After a little while, your children

will become naturally neater.

Tip #4: Use your time efficiently.

If your children get stuck on a particular piece of homework, have them leave it and move on to the next piece. Otherwise, their frustration will rise and

make matters worse. Have your children go back to the piece they left after a while. Things might be clearer then.

Tip #5: Always look ahead.

Your children should use their school planners or their own schedules to antici-

the last minute.

Tip #6: Do research wisely.

If research is involved in a project, be careful about how your children use the Internet. The Internet is a valuable resource, but it can be very distracting. Your children might get sidetracked and waste time going from topic to topic.

Every now and then, take your children to the library to do their research. They will find valuable information and learn many useful research skills.

Tip #7: Use technology.

Help your children learn to use a computer effectively to apply to their schoolwork. Let them ex-

periment with PowerPoint, Publisher, Front Page, and other programs. Help your children learn to type efficiently and use Word correctly. Install appropriate audio books on their iPods and watch the Discovery Channel and other educational television programs with them.

Tip #8: Find your way.

This is going to

be trial and error at the beginning, but for any subject



and homework assignment, your children will have to find what works best for them. If

positive results are not occurring, there is something they are not doing right. Some children may have to rewrite their notes to remember facts, others might have to read them aloud, while still others might need to act them out or build something. Once the right way is found, learning will improve.

Tip #9: Prioritize what must be done.

Your children must learn to prioritize the things they need to do. Schoolwork and extra-curricular activities must come

first. Make this very clear to your children and help them stick to this priority.

Tip #10: Communicate with teachers.

This applies to you as parents as well as to your children. If there is any doubt about an assignment, contact the teacher. Encourage your children to ask the teacher if they find something to be unclear. Doing this will also help your children develop important communication skills and build their self-confidence.

HEALTH WORDS of WISDOM

In health there is freedom. Health is the first of liberties."

-Henri-Frederic Amiel

"Early to bed and early to rise, makes a man healthy, wealthy, and wise."

-Benjamin Franklin

"Healthy people are invalids who don't know it."

- Jules Romains

"Life is not merely to be alive, but to be well."

-Marcus Valerius Martial

"Health is not valued till sickness comes."

-Dr. Thomas Fuller

If taking vitamins doesn't keep you healthy enough, try more laughter:"

-Nicolas-Sebastien Chamfort

"The secret of health for both mind and body is not to mourn for the past, not to worry about the future, or not to anticipate troubles, but to live the present moment wisely and earnestly."

-Buddha

"You can set yourself up to be sick, or you can choose to stay well."

-Wayne Dyer

PASSING on HEALTHY HABITS to YOUR CHILDREN

- Make it clear your children are not allowed to smoke cigarettes, chew tobacco, drink alcohol or use other drugs. Establish clear consequences if these rules are broken.

- Explain why these substances are harmful. Encourage them to ask questions. A true story may get your children's attention more effec-

tively than facts and statistics alone. Give real-life examples of people who have experienced negative consequences from using alcohol, tobacco or other drugs.

- Talk to your children about peer pressure. Role-playing can prepare them to say no if they are offered cigarettes, smokeless tobacco, alcohol or other drugs.

- Know your children's friends and their friends' parents. Always ask your kids where they're going, what they're doing, who will be there, when they will return and how you can reach them. Let other parents know the rules you expect your children to follow.

- Set a good example. Pay attention to how your behaviors may affect your children.

Call another student when they have difficulty with an assignment.



"These ten study habits can help you throughout your education. Make sure to follow them appropriately."

THE TEN HABITS of SUCCESSFUL STUDENTS

Successful students have good study habits. They apply these habits to all of their classes. Read about each study habit. Work to develop any study habit you do not have.

1. Try not to do too much studying at one time.

If you try to do too much studying at one time, you will tire and your studying will not be very effective. Space

the work you have to do over shorter periods of time. Taking short breaks will restore your mental energy.

2. Plan specific times for studying.

Study time is any time you are doing something related to schoolwork. It can be completing assigned reading, working on a paper or project, or studying for a test. Schedule specific times through-

out the week for your study time.

3. Try to study at the same times each day.

Studying at the same times each day establishes a routine that becomes a regular part of your life, just like sleeping and eating. When a scheduled study time comes up during the day, you will be mentally prepared to begin studying. of your life, just like sleeping

scheduled study time comes up during the day, you will be mentally prepared to begin studying.

4. Set specific goals for their study times.

Goals will help you stay focused and monitor your progress. Simply sitting down to study has little value. You must be very clear about what you want to accomplish during your study times.

5. Start studying when planned.

You may delay starting your studying because you don't like an assignment or think it is too hard. A delay in studying is called "procrastination." If you procrastinate for any reason, you will find it difficult to get everything done when you need to. You may rush to make up the time you wasted getting started, resulting in

careless work and errors.

6. Work on the assignment they find most difficult first.

Your most difficult assignment will require the most effort. Start with your most difficult assignment since this is when you have the most mental energy.

7. Review their notes before beginning an assignment.

Reviewing your notes can help you make sure you are doing an assignment correctly. Also, your notes may include information that will help you complete an assignment.

8. Tell their friends not to call them during their study times.

Two study problems can occur if your friends call you during your study times. First, your

work is interrupted. It is not that easy to get back to what you were doing. Second, your friends may talk about things that will distract you from what you need to do. Here's a simple idea - turn off your cell phone during your study times.

9. Call another student when they have difficulty with an assignment.

This is a case where "two heads may be better than one."

10. Review their schoolwork over the weekend.

Yes, weekends should be fun time. But there is also time to do some review. This will help you be ready to go on Monday morning when another school week begins.

FACTS on KIDS' HEALTH

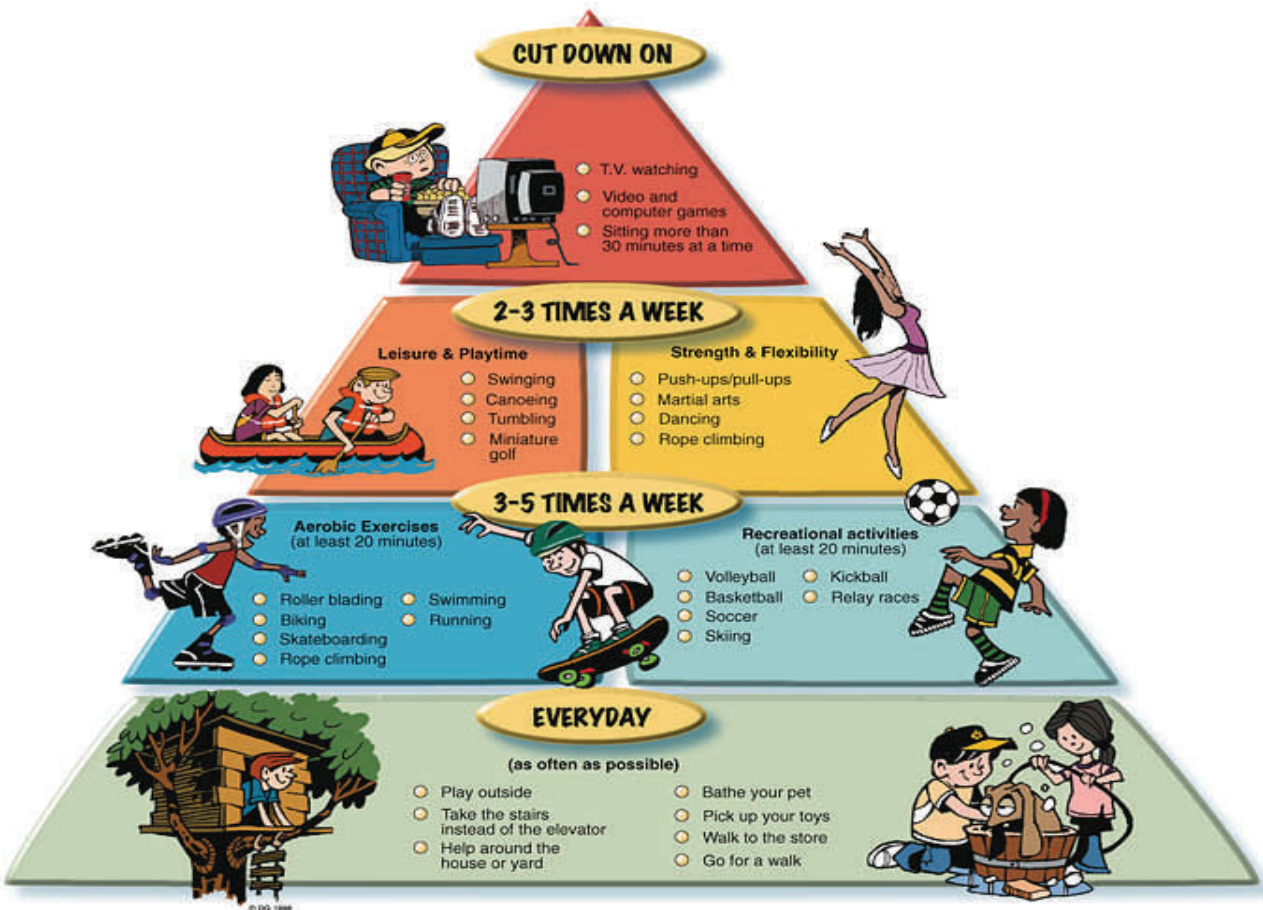


•The average child gets less than 15 minutes of vigorous

- The average child spends 20% of his/her waking time watching TV.
- Obesity and super obesity are up 36% and 98%, respectively, in the past 20 years.
- The average child consumes at least 20 ounces of soda pop per day.
- Nine out of ten parents think their children are fit, when only one out of three are.
- The two main reasons kids participate in sports and exercise is because its fun.

- The older girls get, the less likely they are to work out.
- About 42% of middle school students consider themselves more fit than their peers. Sixteen percent rate themselves as not as good.
- Grade school students are 24% more active than high school students.
- The average heart rates in a typical 30-minute physical education class ranges between 90 and 129 beats per minute.

FOOD PYRMID for a HEALTHY KIDS 'DIET



THE I.I.S. CELEBRATES HIS MAJESTY'S 48th Birthday



His Majesty King Abdallah The Second

The International Independent School light up forty eight candles for the birthday celebration of His Majesty King Abdullah Al-Hussein the 2nd, one of the teachers addressed a word on behalf of the schools Administration praising and glorifying His Majesty as a commander that dedicated his life for the sake of his nation. A slide show along with national songs was exhibited to display all of His Majesty's achievements especially in the educational domain. The head and members of the Administrative council and a vast number of student parents were present at the ceremony.

THE I.I.S. HONORS it's A-LIST STUDENTS



The I.I.S. celebrated the honoring of the middle and high school level honor roll students, the I.I.S. arranged this ceremony in order to encourage its outstanding, exceptional, and hard working students that anticipated their dreams and made them come true. At the end of the ceremony the schools principal gladly presented certificates and gifts to the students. The school chairman, members of the administration and a large number of the students' families were present at the ceremony.

THE I.I.S. HONORS the WINNERS of the HOLY QU'RAN CONTEST



The I.I.S. and students families honored the winners of the conversing of the Holy Qur'an contest and we also celebrated the birthday of the honorable prophet Muhammad (P.B.U.H.). Many students, parents, and teachers, participated in the production of this very special heartwarming ceremony at the end of the contest the head of directors distributed valuable gifts and certificates among the winning students, parents, and teachers.

THE I.I.S. GIRL SCOUTS PARTICIPATE in SCOUT CAMPING



The I.I.S. girl scouts participated in the scouts camping at the Northern Al-Shwna for learned rises for the period of three days in the leadership of their commander Rasha Abu-Nawar this was organized by the private educational directorate for the conservation of the capital and various instructional activities were comprised in the camp that assist in the forming of the girl scouts personalities as a rising guiding leader, and at the end of the camp certificates were distributed among the participating scouts.

THE I.I.S. HONOR ROLL CEREMONY

The I.I.S. organized an Honor Roll ceremony for the primary stage students; the schools principal addressed a word to the honor students' parents greeting and thanking them for their presence, he congratulated them for their children's excellence. The students sang educational songs, and several students presented words of appreciation in both English and Arabic. At the end of the ceremony the school principal and homeroom teachers distributed gifts to the honor students.



THE I.I.S. CELEBRATES PROPHET MUHAMMAD (P.B.U.H.) BIRTHDAY



The I.I.S. put together an educational religious ceremony for the memory of the honorable prophet Muhammad (P.B.U.H.) birthday. The students that participated in the making of this special ceremony were the kindergarten students and up to the tenth grade, the celebration included pleasant activities such as singing, plays, and religious anthems. And through which the establishment of this valuable Islamic Semite and the teachings of the honorable prophet, proved the commendable praiseworthy behavior that was planted in us from Prophet Muhammad (P.B.U.H.). The tenth graders and one of the teachers participated in reciting of the Burda Poem.



THE I.I.S. BENEVOLENT TABLE (BAKE SALE)

The I.I.S. Social Committee in cooperation with the lower grades student parents organized a charity bake sale which was entitled "Benevolent Table". They prepared food, sweets, and ceramics. The teachers and parents that participated in this heartwarming special event will take a field trip to the senior citizens home in Jawyda and with the collected profits from the bake sale they will buy the necessary goods and the rest of the money will be donated to the senior citizen home.



THE I.I.S. CHARITY BAZAAR

Some of the I.I.S. students and members of the students' parliament organized a charity bazaar under the supervision of the school principal. The profits of the bazaar were donated to the senior citizens home in Amman. This compassionate activity was executed in collaboration with the local community. Through implementing this humane bazaar the I.I.S. administration is trying to teach our children the concept of empathy and investing time in helping and being supportive to the needy people in our beloved country.



THE I.I.S. ILLUSIVE EXECUTION PROCESS

The I.I.S. prepared an illusive evacuation process at the school within the efficient environmental administrative consciousness disaster project under the slogan "consciousness starts from school" with the collaboration of civil defense department and the schools clinic. This is in association with applying the schools instructional safety applications plan that works on establishing and spreading the evacuation process incase of any emergencies. Such as earthquakes, fires, etc. The evacuation process was implemented during school time and was completed in a proper way without any shoving and in record time. The students and teachers participated in the evacuation process under the supervision and follow up of the schools principal and B.O.D. The process was executed by the principal making an illusive phone call to the civil defense department to inform them that an earthquake and serious injuries occurred at the school at the same time the school warning bell rang. The evacuation process that was arranged by the civil defense department was to exit the school within minutes was automatically executed. The injured individuals were sent to the hospital the schools doctor, security and safety teams all helped the civil defense team in exiting the 800 students and teacher out of the school. The schools principal reassured that the evacuation process was successful and the students' compliance and their following of the rules of the conscious execution process had a big role in the process being successful.

The POSITIVE BEHAVIOR SUPPORT PROCESS at I.I.S.



W.A.V.E.

- We are Responsible
- Always Respectful
- Very Safe
- Excellent Attitude

• I.I.S. PBS PHILOSOPHY

The Positive Behavior Support **W.A.V.E.** defines for students the

desired expectations of responsibility, respect, safety, and attitude through modeling, instruction, and role play.

• HALLWAY W.A.V.E.

- We are Responsible
- Walk directly to class
- Have a Hall Pass

- Always Respectful
- Quiet Voices and Feet
- Observe Personal Space

• Very Safe

- Walk
- Stay to Right
- Be Aware

• Excellent Attitude

- Be Friendly and Courteous

• OFFICE

- We are Responsible



- Walk Directly to Office
- Always Respectful

- Be Polite
- Wait Patiently
- Enter with Permission

• Very Safe

- Observe Personal Space
- Follow Adult Direction

- Excellent Attitude
- Learn from Mistakes
- Be Friendly and Courteous.

ASSEMBLIES

• We are Responsible

- Enter and Exit Quietly

• Always Respectful

- Quiet Voices and Feet
- Wait Patiently
- Active Listening

• Very Safe

- Sit Quietly
- Observe Personal Space
- Excellent Attitude

- Active Participation

• Use Best Behavior

• SPECIALS

• We are Responsible

- Care For Equipment
- Follow Special Rules
- Be Prepared

• Always Respectful

- Be Polite
- Active Listening
- Observe Personal Space
- Value Others



• Personal Best

• COMPUTER LAB

• We are Responsible

- Care for Computer equipment
- Follow Lab Rules
- Honor Technology Agreement

• Always Respectful

- Raise Hand

- Wait Patiently
- Observe Personal
- Quiet Voices

• Very Safe

- Walk
- Chairs Flat on the Floor

• Excellent Attitude

- Active Participation
- Be Positive
- Learn From Mistakes

• BATHROOM

• We are Responsible

- Keep Bathroom Clean
- Flush Toilets

• Always Respectful

- Quiet Voices
- Observe Personal Space

LIBRARY

- We are Responsible
- Follow Library Rules
- Care for Books
- Return Books
- Always Respectful
- Active Listening
- Wait Patiently
- Very Safe
- Walk
- Observe Personal Space
- Excellent Attitude
- Be Excited about Reading



PLAYGROUND

- We are Responsible
- Care for Equipment
- Follow Playground Rules
- Line Up When Bell Rings
- Always Respectful
- Follow Adult Direction
- Be Kind to Others
- Very Safe
- Stay in Play Area
- Observe Personal Space
- Use Equipment Safely
- Excellent Attitude
- Be Friendly and Courteous

I.I.S. VISION

At I.I.S. we perceive our students as olive trees that are watered by science and knowledge growing into success and honor. They don't lean against challenges and are not beaten by difficulties. They will be a corner stone in modeling the future, nurtured with a sense of cultural and ethical awareness.

I.I.S. MISSION

- *Our mission is to instill in all students the knowledge and skills necessary to thrive as life-long learners and responsible citizen, confident and cooperative, prepared to meet the challenges of the future.*
- *I.I.S. students work together as one to be able to shape a better future, loving community and well raised generations through participation and mutual responsibility.*

I.I.S. MOTTO

INTEGRITY AND HONOR

INSPIRATION TOWARDS EXCELLENCE

SUCCESS IS NOT AN OPTION. IT'S REQUIRED

RIDDLES

1. If you have it, you want to share it. If you share it, you don't have it. What is it?
2. What did one tonsil say to another tonsil?
3. Why is it so loud in the forest?
4. What stays where it is when it goes off?
5. What's orange and sounds like a parrot?
6. What fruit is often found in groups of two?
7. What goes up and never comes down?
8. What has feet and legs, and nothing else?
9. Why do chickens watch TV?
10. What has four legs and no eyes?
11. Why can't cats use computers?
12. What is the moon worth?

CLASSROOM JOKES (TEACHERS 'VS. STUDENTS')

Teacher: If "can't" is short for "cannot," what is "don't" short for?

Student: Doughnut.

Teacher: Are you good in math?

Student: YES and NO.

Teacher: What does that mean?

Student: YES, I'm NO good in math.

Student: Teacher, would you punish me for something I didn't do?

Teacher: Of course not!

Student: Good, because I didn't do my homework

Teacher: How can you prevent diseases caused by biting insects?

Student: Don't bite any.

Teacher: If you had one dollar and you asked your father for another, how many dollars would you have?

Vincent: One dollar.

Teacher: (sadly): You don't know your arithmetic.

Vincent: (sadly): You don't know my father.

Teacher : "George Washington not only chopped down his father's Cherry tree, but also admitted doing it. Now do you know why his father didn't punish him?"

Student : "Because George still had the axe in his hand?"

Substitute Teacher:

Are you chewing gum?

Billy: No, I'm Adam Taylor.

Teacher: Why are you late?

Webster: Because of the sign.

Teacher: What sign?

Webster: The one that says, "School Ahead, Go Slow."

Teacher: "Can anybody give an example of "COINCIDENCE?"

Student: "Sir, my Mother and Father got married on the same day, same time."

Teacher: Sandy, how do you spell "crocodile"?

Sandy: "K-R-O-K-O-D-A-I-L"

Teacher : No, that's wrong

Sandy: Maybe it's wrong, but you asked me how I spell it!

Teacher: Well, at least there's one thing I can say about your son.

Father: What's that?

Teacher: With grades like these, he couldn't be cheating.

Get deliveries of candy, flowers, balloons, telegrams, etc... Sent to you every few minutes throughout the exam.

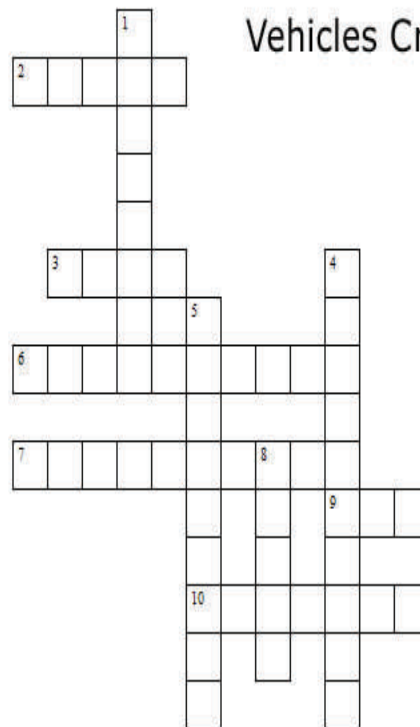


Play Frisbee with a friend at the other side of the room.

WAYS to FLUNK an EXAM WITH STYLE

- Bring a pillow. Fall asleep (or pretend to) until the last 15 minutes. Wake up, say "oh geez, better get cracking" and do some gibberish work. Turn it in a few minutes early.
- If it is a math/science exam, answer in essay form. If it is long answer/essay form, answer with numbers and symbols. Be creative. Use the integral symbol.
- Walk in, get the exam, sit down. About five minutes into it, loudly say to the instructor, "I don't understand ANY of this. I've been to every lecture all semester long! What's the deal? And who the are you? Where's the regular guy?"
- Every five minutes, stand up, collect all your things, move to another seat, continue with the exam.
- Turn in the exam approximately 30 minutes into it. As you walk out, start commenting on how easy it was.
- Every now and then, clap twice rapidly. If the instructor asks why, tell him/her in a very derogatory tone, "the light bulb that goes on above my head when I get an idea is hooked up to a clapper. DUH!"

Vehicles Crossword Puzzle



ACROSS

- 2 Travels on a track
- 3 Travels through the water
- 6 Floats on the air
- 7 Has a large propeller on top
- 9 Has four wheels and travels on the streets
- 10 Has two wheels and pedals

DOWN

- 1 Travels through the air
- 4 Two wheels and can go fast
- 5 Takes many kids to school each day
- 8 This vehicle can have as many as 18 wheels

EMPLOYEE of the MONTH

The Employee of the Month, is generally selected by the I.I.S. management, it is the recognition of an employee by the school for his/her outstanding contribution as an employee. Ms. Majeda Jadallah is March 2010 Employee of the month. Ms. Majeda has done an outstanding job in her role as (B.O.D. Coordinator); she is very alert in her job functions and is always engaged in her work, going the extra mile when necessary. Ms. Majeda has set high standards in her job area her performance meets the qualifications of an outstanding employee.

Employees Name: Majeda Jadallah

Years of Experience: 30 years of experience in Administrative work.

- UNRWA as a substitute teacher.
- Jordan University in Faculty of Engineering.
- Ministry of Tourism.
- Faouri Company.
- I.I.S. B.O.D. Coordinator .



Q. How does I.I.S. differ than the other schools?

A. I think that I.I.S. is differs than others school in the following ways:

- It's located in an healthy environmental area that is appropriate for our students well-being.
- The humbleness that the I.I.S. owners posses and their indescribable respect for their employees

Q. What is the best characteristic that you see in yourself?

A. Strength, sympathy, nostalgic, humbleness the well-being of other

Q. Where do you see yourself in the next three years?

A. I hope to have given I.I.S. what it deserves from my service and tenderness, and to see it one as of the best amongst the other schools,

and for me to have gone to Pilgrimage (HAJJ) to the Holy Land Mecca.

Q. What do you do in your free time?

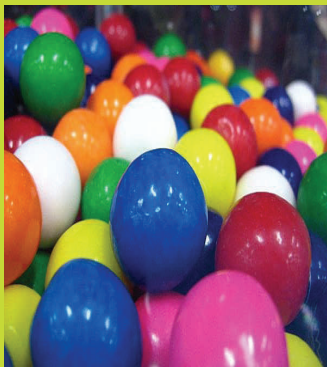
A. I enjoy coordinating flowers, gardening, reading and watching television.

Q. How do you feel towards your students?

A. I feel as if they are my children and I am their mother I try to give them helpful advice and be there for them whenever they need me and I truly wish them a prosperous future .

Q. What is your favorite Quote?

- If you have the ability to be unfair to be people remember GOD's ability towards you.
- Beware of those whom you treated well.



CHEWING GUM ACTIVATES the BRAIN

Forget what your school tells you. Teachers have a 'thing' about chewing gum in class, they claim its distributing and prohibited. But they should think twice before telling us to spit it out again, because this what they didn't know:

Chewing gum improves your memory up to 28% and your

IQ up to 15 points. What happens is that the act of chewing speeds up your heartbeat and blood pressure just enough to wake up both left and right hemispheres to get "in-sync", and to work together. It turns out that the chewing-action creates a bodily (mouth and jaw) rhythm which copies, so

that mind and body get into 'entertainment'.

Chewing causes our hearts to pump more blood to our brain than it usually does and it also increases the glucose level, making the student more alert. Mental tasks are done 20% more effectively while chewing gum and that's why it makes it easier.

TO PROVE IT

The original research began in 2001 and made it to the major-leagues in the following year at the University of North Umbria in Great Britain. Dr. Scholey's team uses a group who chewed gum, a second that did not move their lips and jaws, and a third that had no gum, but pretended to chew by moving their jaws up-

and-down. The results were revealing. The gum chewers doubled the scores of those who did nothing but keep their jaws shut. The 'pretend' group improved but less than 25% of the 'gum chewers', but significantly compared to the 'normal' (non-chewers). Preliminary research suggests that regular chewing can help you

chewing can help remember names, makes you thinner, whitens teeth, etc. Teachers may outlaw chewing gum in class makes kids smarter. So next time teaches orders you to throw out you gum, explain to her that it's actually good for you.

By: Meenas Bawwab 9 IG



AVATAR

"Avatar," a live action film with a new generation of special effects, takes us to a spectacular world beyond imagination, where a reluctant hero embarks on a journey of redemption and discovery as he leads an epic battle to save a civilization. A paraplegic ex-marine war veteran is unwillingly sent to establish a human settlement on the distant planet of Pandora, only to only to find himself battling humankind alongside the planet's indigenous Na'vi race in this ambitious, digital 3-D sci-fi epic from James Cameron, the Oscar-winning director of "Titanic", "Avatar" delivers a fully immersive cinematic experience of a new kind, an epic that will decide nothing less than the fate of an entire world.

KINDERGARTEN in the SPOTLIGHT



COMMUNIYY HELPERS:

The K.G. Department arranged an activity entitled Career Day some of the K.G. students parents demonstrated their jobs in front of the students. The students from and enjoyed this activity very much.

PIZZA DAY:

The K.G. Department held a fun activity entitled Pizza Day each student had to bring one type of ingredient that they make the pizza with and the students prepared and cooked a variety of pizzas' by hand, the students were very active with their teachers everybody young and old .enjoyed this really eating the really yummy hand made piazzas'.



PROPHET MUHAMMAD (P.B.U.H.) BIRTHDAY CEREMONY:

The I.I.S. prepared a ceremony for Prophet Muhammad P.B.U.H. Birthday, may students from all different grades participated in this very special event, the students sang religious songs at the end of ceremony souvenirs, sweets and drinks were distributed to the audience.

STAR of the WEEK:

In order for the K.G. Principal to raise the heart of competition between the students she chooses Star of the Week. This student is the most well behaved and active student amongst the others. The winner wears a bright star around their necks with their name and picture on it. This distinguishes the students making them want to be well-behaved in order for them to be Star of the Week what a clever idea for making students compete for being the best.



المستقلة الدولية تكرم المتفوقين

يوم الأربعاء الموافق 10/3/2010

الرأي



بحضور رئيس وأعضاء مجلس الإدارة وعدد كبير من أهالي الطلبة احتفلت المدارس المستقلة الدولية بتكريم الأوائل المتفوقين من طلبة المرحلة المتوسطة والعليا في المدارس، وتأتي أهمية هذا التكريم لتشجيع المستقلة للتميزين من أبنائها الطلبة الذين حققوا آمالهم، وفي نهاية الحفل قام مدير المدارس بتوزيع الهدايا وشهادات التقدير على الأوائل.

المدارس المستقلة الدولية تحتفل بعيد ميلاد الملك

الأحد الموافق 14/2/2010

الرأي



أضاعت المدارس المستقلة الدولية ثماني وأربعين شمعة احتفالاً بعيد ميلاد جلالة الملك عبد الله الثاني بن الحسين، وقامت إحدى المعلمات بإلقاء كلمة عن إدارة المدارس أشادت فيها بالفخر والاعتزاز بقائد الوطن الذي نذر نفسه قائداً لأجل تراب وطنه وأمته، وعلى أنغام الأغاني الوطنية والشعبية وتم عرض فيديو يبين الانجازات في كافة المجالات وخاصة في مجال التعليم وحضر الحفل رئيس وأعضاء مجلس إدارة المدارس وجمع غفير من أولياء أمور الطلبة.

مرشدات المدارس المستقلة الدولية تشارك بمخيم كشفي

يوم الأربعاء الموافق 24/2/2010

الرأي



شاركت مرشدات المدارس المستقلة الدولية في مخيم كشفي في الشونة الشمالية لعرفاء الطلائع لمدة ثلاثة أيام بقيادة القائدة رشا أبو نوار نظمته مديرية التعليم الخاص لمحافظة العاصمة واشتمل المخيم على العديد من الفعاليات التدريبية التي تساعد على صقل شخصية المرشدة كعريفة طلائعية، وفي نهاسة المخيم تم تسليم الشهادات للمرشدات المشاركات.

المدارس المستقلة تحتفل بذكرى المولد النبوي

يوم الأربعاء 3/3/2010



أقامت المدارس المستقلة الدولية احتفالاً دينياً وتربوياً بمناسبة ذكرى المولد النبوي الشريف، واشتمل الاحتفال على فقرات وفعاليات شيقة من غناء وأناشيد فقرات دينية لطلبة المدارس من الروضة وحتى الصف العاشر، أكدوا من خلالها ترسيخ القيم الإسلامية السامية من خلال تعاليم الأحاديث النبوية الشريفة، وغرس السلوكيات الحميدة والنابعة من تعاليم سيد الأولين والآخرين محمد صلى الله عليه وسلم. وقامت إحدى المعلمات وبمشاركة طالبة من الصف العاشر بإلقاء قصيدة البردة.



المدارس المستقلة تكرم الفائزين بمسابقة حفظ القرآن

يوم الأحد الموافق 7/3/2010



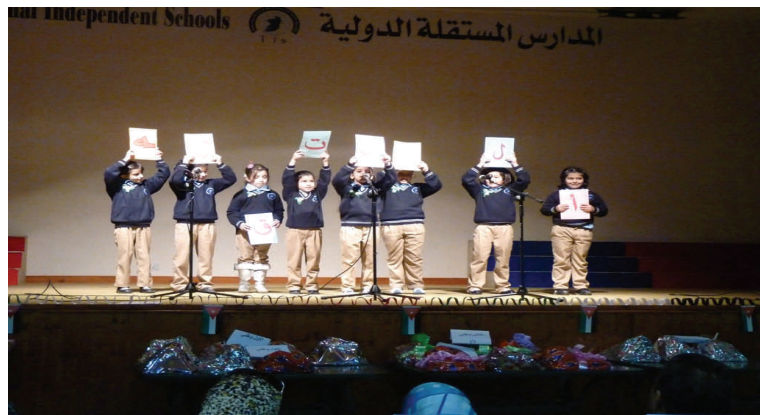
كرمت المدارس المستقلة الدولية وبحضور جمع غفير من الأهالي الفائزين بمسابقة حفظ القرآن الكريم على هامش الاحتفال بذكرى المولد النبوي الشريف، وشارك فيها عدد من طلبة المدارس المستقلة من الروضة وحتى الصف العاشر وأولياء الأمور والمعلمين والمعلمات، وقام رئيس وأعضاء مجلس الإدارة بتوزيع الهدايا وشهادات التقدير على الفائزين من أولياء أمور وطلبة ومعلمين ومعلمات.

المستقلة الدولية تحتفل بالأوائل

يوم الأربعاء الموافق 17/2/2010



نظمت المدارس المستقلة الدولية حفل تكريم للطلبة الأوائل للمرحلة الأساسية الدنيا بحضور أهالي الطلبة وتخلل الحفل كلمة لمدير المدارس رحب فيها بأولياء الأمور وهنأهم على تفوق أبنائهم وشكرهم لحضورهم في يوم تكريم أبنائهم. وقام طلبة المرحلة بتقديم كلمات شكر باللغتين العربية والانجليزية و أناشيد تعليمية تربوية. وفي نهاية الحفل قام مدير المدارس بمشاركة مربيات الصفوف بتوزيع الهدايا على الطلبة.



أخبار الروضة

اليوم المهني:

أقام قسم الروضة نشاطاً بعنوان (اليوم المهني) استقبل فيه القسم مجموعة من أهالي الطلاب الذين كانوا يعرفون بمهنتهم أمام الطلاب ، وقد استفاد الأطفال من هذا النشاط وأعجبوا كثيراً بتلك المهن .

يوم البيئزا:

أقيم في قسم الروضة نشاط بعنوان (يوم البيئزا) قدمت فيه أطباق مختلفة من البيئزا ، وقد تفاعل الأطفال مع معلماتهم ، وأبدى الجميع إعجاباً شديداً بهذه الأطباق

رحلة: (JUNGLE BUNGLE)

أقامت معلمات قسم الروضة مشكورات رحلة ترفيهية لطلابهن إلى مدينة (Jungle Bungle) وقد كانت فرحة الأطفال لا توصف بهذا النشاط وبتلك الألعاب التي لعبوها مع معلماتهم.

المولد النبوي:

شاركت المدارس المستقلة المسلمين فرحتهم بيوم المولد النبوي من خلال حفل جميل أقيم في مسرح المدارس ، وقد حضر الحفل عدد كبير من ذوي الطلاب ، وأبدوا إعجاباً شديداً . بفقرات الحفل ، وقد شارك في إعداد هذه الفقرات معلمين ومعلمات ، وعدد من الطلاب من مختلف المراحل الدراسية ، وأقيم في نهاية الحفل تقديم الحلوى التي شارك فيها أهالي الطلاب .

نجم الأسبوع: (STAR of the WEEK)

حرصاً من قسم الروضة في المدارس على إشعال المنافسة بين الأطفال ، يقوم القسم بتقديم جائزة لأكثر الأطفال تفاعلاً وانضباطاً أسبوعياً وهي جائزة (نجم الأسبوع) .



عملية إخلاء وهمية في المدارس المستقلة الدولية



نظمت المدارس المستقلة الدولية عملية إخلاء وهمية في المدارس ضمن فعاليات مشروع الوعي البيئي وإدارة الكوارث تحت شعار «الوعي يبدأ من المدرسة»، بالتعاون مع مركز الدفاع المدني وعبادة المدارس، ويأتي ذلك في إطار تطبيق خطط السلامة في المنشآت التعليمية ونشر الوعي من أجل تعويد وتوعية الطلبة وتدريبهم على عملية الإخلاء تحسباً لأي طارئ - لا سمح الله - وجرت عملية الإخلاء في حال حدوث الهزات الأرضية والمعد من قبل فريق العمل بالمدرسة أثناء سير اليوم الدراسي حيث تمت عملية الإخلاء بوقت قياسي وبدون تدافع.. وتم إخلاء الطلبة من المبنى عبر مخارج الطوارئ في زمن قياسي وشارك في تنفيذ التجربة جميع أعضاء هيئة التدريس تحت إشراف ومتابعة من مدير المدارس وأعضاء مجلس الإدارة. وتم تنفيذ البرنامج بقيام مدير المدارس باتصال وهمي على هاتف الدفاع المدني لتبليغهم بحدوث هزة أرضية، يفيد عن وقوع إصابات خطيرة وفي نفس الوقت تم إطلاق جرس الإنذار، وعلى الفور تم تنفيذ الخطة المرسومة من قبل الدفاع المدني بإخلاء المدرسة خلال دقائق ونقل المصابين إلى المستشفى بمساعدة طبيب المدارس. وقد قام فريق الأمن والسلامة بالمدرسة بمساعدة طاقم الدفاع المدني بإخلاء الطلبة والمعلمين والعاملين بالمدرسة وعددهم 800 من الطلبة والمعلمين والعاملين في المدارس. وقد أكد مدير أن العملية تمت بنجاح وأن وعي الطلبة وتجاوبهم مع عملية الإخلاء وإتباعهم الخطة المرسومة كان لها دور كبير في نجاح العملية.

مائدة الخير في المدارس المستقلة الدولية (Bake Sale)



قال رسول الله صلى الله عليه وسلم: (ما أكرم شاب شيخاً من أجل سنه إلا قبض الله له عند سنه من يكرمه) حديث شريف - رواه الترمذي. أقامت اللجنة الاجتماعية في المدارس المستقلة الدولية وبالتعاون من والدات طلبة الروضة وطلبة المرحلة الأساسية الدنيا بازاراً خيرياً تحت عنوان "مائدة الخير". وسيتم رصد ريع البازار الذي اشتمل على بيع المأكولات والحلويات وأواني السيراميك التي قامت بتحضيرها أمهات الطلبة، وعدد من المعلمات وسيتم تنظيم زيارة ميدانية تطوعية لدار المسنين في منطقة الجودة من أجل تأمين بعض الاحتياجات والمستلزمات لهم بمشاركة عدد من الطلبة والمهمات التي قمن بالمشاركة في البازار.

بازار خيري في المدارس المستقلة الدولية

أقام أعضاء مجلس البرلمان الطلابي وعدد من طلبة المدارس المستقلة الدولية بازاراً خيرياً بإشراف مدير المدارس، وتم التبرع ببيع هذا البازار لصالح رعاية دار المسنين في عمان والمساعدة في تحمل جزء من التكاليف التي تترتب على القائمين على رعاية دار المسنين، ويأتي هذا النشاط كمشاركة في خدمة المجتمع المحلي الذي توليه المدارس المستقلة اهتمامها الكبير، حيث تحاول إدارة المدارس من خلال هذا المشروع وضع مقدمة نموذجية تتركز حول روح التكافل بين أبنائنا الطلبة ومساعدة ودعم المحتاجين من أبناء وطننا الحبيب وكيفية استثمارها في عمل جماعي تطوعي منظم ومستدام.



مخيم كشفي للطالبات داخل حرم المدارس



أقامت المدارس المستقلة مخيم كشفي للطالبات داخل حرم المدارس واشتمل المخيم على العديد من المباريات والفعاليات الكشفية في اليوم الأول بالإضافة إلى المبيت في المدرسة. وفي صباح اليوم الثاني تم تناول وجبة الإفطار في المطعم ثم الانطلاق إلى منطقة جلعند وسارت خلالها المشاركات في المنطقة لمدة ساعتين وقمن بركوب الخيل. وانتهت الرحلة بتناول وجبة الغداء في أحد المطاعم ومن ثم عدنا إلى المدرسة.

دانا في المستقلة



لقد أتى الفصل الدراسي ، ودانا تريد الدخول إلى مدرسة كي تتعلم ، فرأت أمها وأبوها مدرسة اسمها المدارس المستقلة الدولية ، فذهبت دانا إلى المدرسة ملتزمة بالزي المدرسة وكان اليوم الأول لها فأعجبتها المدرسة جدا .

بدأت تأخذ دانا الحصص وتعرفت على المدرسة وعلى مديرها الرائع وعلى معلماتها ، وأعجبت بساحاتها النظيفة وصفوفها الكبيرة والأدراج المرتبّة والمساح النظيفة.

المدرسة لها قواعد أيضا كذلك الصف فالترتبت بها الطالبة دانا وبدأت تتفاعل بالمدرسة وأعجبتها الحصص جدا .

دانا في الصف الرابع دولي دوامها ينتهي الساعة الثالثة مساء ، وأحبت دانا معلماتها لأنهم لطفاء وأحبت المذاكرة في المكتبة لأنها هادئة جدا ولا إزعاج بها ولأنها تحب أيضا مصاحبة الكتب .

السباحة في المدارس المستقلة رائعة لأن المياه دافئة ، والملاعب خضراء وجميلة .

أحبت دانا كل شيء في مدرستها. كم احبك يا مدرستي

دانا أبو شلنغ

الصف الرابع دولي أ

ANSWERS to the RIDDLES on PAGE 13

1. SECRET

2. YOUR TOO YOUNG to DRINK

3. BECAUSE ALL TREES BARK

4. ALARM

5. CARROT

6. PEAR

7. YOUR AGE

8. STOCKINGS

9. FOR HEN-ENTAINMENT

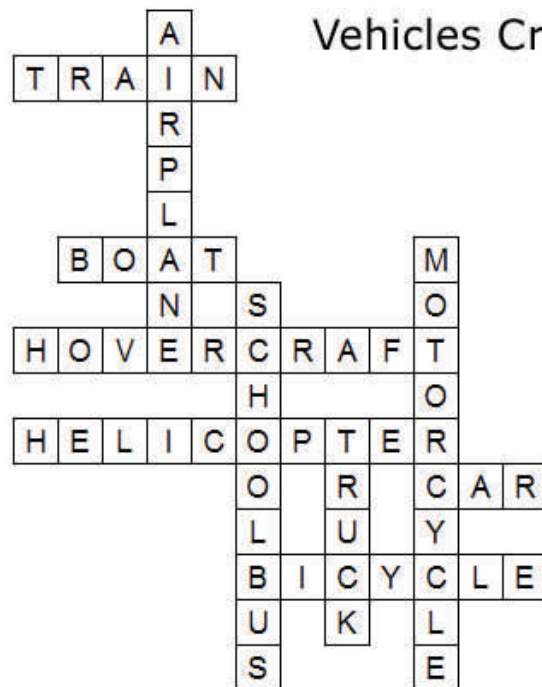
10. TABLE

11. BECAUSE they KEEP CHASING the MOUSE

12. I \$ BECAUSE it has \$ 4 QUAR-

ANSWERS to the CROSSWORD PUZZLE on PAGE 14

Vehicles Crossword Puzzle



ACROSS

- 2 Travels on a track
- 3 Travels through the water
- 6 Floats on the air
- 7 Has a large propeller on top
- 9 Has four wheels and travels on the streets
- 10 Has two wheels and pedals

DOWN

- 1 Travels through the air
- 4 Two wheels and can go fast
- 5 Takes many kids to school each day
- 8 This vehicle can have as many as 18 wheels